

Myringotomy With Tubes Post-Op Instructions

BEFORE THE SURGERY:

1. Nothing to eat or drink after midnight the night before surgery.
2. A hearing test will need to be done prior to surgery.

AFTER THE SURGERY:

1. On the day of surgery, the patient should be allowed to rest quietly under observation.
2. Some drainage may occur from the ears. This drainage may be blood-tinged or clear and may continue for 24 to 36 hours post-operatively.
3. Normal activity may resume the day after surgery.
4. If the patient develops a fever over 101.5°F OR has prolonged drainage, please contact the office.
5. The doctor will prescribe antibiotic eardrops for use after the tubes are inserted. The usual dosage is five drops twice a day for one week. The drops may sting when put into the ear. If the patient complains of discomfort when the drops are inserted, place the bottle (with the lid tightened) in a glass of warm water for a few minutes prior to using. If there is still pain after a few doses, discontinue the drops and contact the office.
6. It is important to keep water out of the ears. Moldable, reusable earplugs are provided free of charge. Custom-made earmolds can also be made for an additional cost. An earband can also be used with earplugs while swimming. The patient should use earplugs when bathing or swimming. If the plugs fall out or the patient doesn't use them, water can run through the tubes into the middle ear. This can cause the tubes to fall out or cause an infection. Look for ear drainage or pain. If this occurs, start using the eardrops that the doctor prescribed after surgery. Please call the office if a refill is needed.
7. The first post-op appointment and a post-op hearing test will occur four weeks after surgery.
8. The patient will need to see the doctor every three to six months while the tubes are in place.

IN CASE OF AN EMERGENCY:

Please call our office at (614) 724-8368. After hours, our answering service will reach the provider on call for you.